

**FREE Postpartum Support Groups in our area sponsored by**



No appointment or referral necessary.

Just drop by to receive the support of specialists and of other women who, like yourself, are experiencing a difficult time after having a baby.

Receive a free book with practical and useful information.

Babies, partners and support persons are welcome.

**Wednesdays: West Bloomfield**

**7- 8:30**      Beaumont Medical Building  
**pm**            6900 Orchard Lk. Rd., Suite 311  
                  *(between 14 Mile & Maple)*  
                  Multilingual services available

**Thursdays: Commerce**

**6:45- 8:15**    Huron Valley-Sinai Hospital  
**pm**            1 William Carls Dr.  
                  Charach Center

Snacks are provided.